

LESSON PLAN (2018-19)

Name of the Assistant Professor: Dr. Mala Sharma

Class and Section: B.A-3rd Semester

Subject: English Compulsory (Text & Grammar)

Week	Date	Topics (Tex)	Topic (Grammar)
1	13-jul-2018	Orientation to the Syllabus	Orientation to the Syllabus
	14-jul-2018	Phonetic Form & Devices	Phonetic Transcription
	15-jul-2018	Sunday	Sunday
	16-jul-2018	Phonetic Form & Devices	Phonetic Transcription
	17-jul-2018	-Do-	Phonetic Transcription
	18-jul-2018	-Do-	Phonetic Transcription
	19-jul-2018	-Do-	Phonetic Transcription
2	20-jul-2018	Guided Writing Practice of the Poetic Forms	Phonetic Transcription
	21-jul-2018	-Do-	Phonetic Transcription
	22-jul-2018	Sunday	Sunday
	23-jul-2018	Explanation of the poem Sonnet XVIII	Tenses through Presentation
	24-jul-2018	Explanation of the poem Sonnet XVIII	Tenses through Presentation
	25-jul-2018	Discussion on the Reference to the content of the poem	Tenses through Presentation
	26-jul-2018	Discussion on the short questions	Tenses through Presentation
3	27-jul-2018	Discussion on the long questions	Tenses through Presentation
	28-jul-2018	Discussion on the back exercises	Tenses through Presentation
	29-jul-2018	Sunday	Sunday
	30-jul-2018	Critical analysis of the whole poem.	Tenses through Presentation
	31-jul-2018	Shaheed Udham Singh's Martyrdom Day	Shaheed Udham Singh's Martyrdom Day
	01-Aug-2018	Explanation of the poem " Know then thyself"	Gerunds
	02-Aug-2018	Explanation of reference to the context	Gerunds
4	03-Aug-2018	Explanation of the back exercises	Gerunds
	04-Aug-2018	Discussion on the textual exercises question & answer	Gerunds
	05-Aug-2018	Sunday	Sunday
	06-Aug-2018	Class test of " Know then thyself"	Infinitives
	07-Aug-2018	Close reading & Explanation of the poem "The World is too much with us"	Infinitives
	08-Aug-2018	Close reading & Explanation of the poem "The World is too much with us"	Infinitives
	09-Aug-2018	Discussion on the reference to the content of the poem	Infinitives
5	10-Aug-2018	Discussion on back exercises	Infinitives

	11-Aug-2018	Vocalbury exercise	Infinitives
	12-Aug-2018	Sunday	Sunday
	13-Aug-2018	Discussion on the textual question long & short	Participles
	14-Aug-2018	Guided writing practice of question answers	Participles
	15-Aug-2018	Independence Day	Independence Day
	16-Aug-2018	Close reading & Explanation of the poem "Ode on a Grecian	Participles
6	17-Aug-2018	Close reading & Explanation of the poem "Ode on a Grecian	Participles
	18-Aug-2018	Close reading & Explanation of the poem "Ode on a Grecian	Participles
	19-Aug-2018	Sunday	Sunday
	20-Aug-2018	Discussion on the reference to the content	Participles
	21-Aug-2018	Discussion on the reference to the content	Participles
	22-Aug-2018	Id-ul-Zuha	Id-ul-Zuha
	23-Aug-2018	Class Test on the reference to the content	Participles
7	24-Aug-2018	Discussion on textual exercises	Participles
	25-Aug-2018	Discussion on textual exercises	Participles
	26-Aug-2018	Sunday	Id-ul-Zuha
	27-Aug-2018	Vocalbury exercise including Phonetic Transcription	Participles
	28-Aug-2018	Vocalbury exercise including Phonetic Transcription	Participles
	29-Aug-2018	Vocalbury exercise including Phonetic Transcription	Participles
	30-Aug-2018	Explanation of the poem "Elegy written in the country churchyard"	Participles
8	31-Aug-2018	Explanation of the poem "Elegy written in the country churchyard"	Clauses
	01-Sept-2018	Explanation of the poem "Elegy written in the country churchyard"	Clauses
	02-Sept-2018	Sunday	Sunday
	03-Sept-2018	Janamashtmi	Janamashtmi
	04-Sept-2018	Explanation of the poem "Elegy written in the country churchyard"	Clauses
	05-Sept-2018	Discussion on the reference to the content	Clauses
	06-Sept-2018	Discussion on the reference to the content	Clauses
9	07-Sept-2018	Discussion on the reference to the content including writing practice	Clauses
	08-Sept-2018	Discussion on textual exercises	Clauses
	09-Sept-2018	Sunday	Sunday
	10-Sept-2018	Discussion on back exercises	Clauses
	11-Sept-2018	Vocalbury exercise	Clauses
	12-Sept-2018	Vocalbury exercise	Clauses
	13-Sept-2018	Black Board Test of the back exercises	Clauses
10	14-Sept-2018	Explanation of the poem "My last Duchess"	Verb Patterns

	15-Sept-2018	Explanation of the poem "My last Duchess"	Verb Patterns
	16-Sept-2018	Sunday	Sunday
	17-Sept-2018	Explanation of the poem "My last Duchess"	Verb Patterns
	18-Sept-2018	Explanation on the reference to the content	Verb Patterns
	19-Sept-2018	Explanation to the comprehension exercise	Verb Patterns
	20-Sept-2018	Explanation to the comprehension exercise	Verb Patterns
11	21-Sept-2018	Discussion on back exercises	Verb Patterns
	22-Sept-2018	Vocabury exercise	Verb Patterns
	23-Sept-2018	Sunday	Sunday
	24-Sept-2018	Class Test of the central idea of the poem	Verb Patterns
	25-Sept-2018	Explanation of the poem "When you are old"	Suffices & Prefixes
	26-Sept-2018	Explanation of reference to the context	Suffices & Prefixes
	27-Sept-2018	Discussion on textual exercises	Suffices & Prefixes
12	28-Sept-2018	Discussion on back exercises	Suffices & Prefixes
	29-Sept-2018	Vocabury exercise	Suffices & Prefixes
	30-Sept-2018	Sunday	Sunday
	01-Oct-2018	Black Board Test of Phonetic Transcription of the important words of all the poems done.	Suffices & Prefixes
	02-Oct-2018	Gandhi Jayanti	Gandhi Jayanti
	03-Oct-2018	Close reading & Explanation of the poem where the mind it without fear.	Suffices & Prefixes
	04-Oct-2018	Explanation of reference to the context	Suffices & Prefixes
13	05-Oct-2018	Discussion on textual exercises	Suffices & Prefixes
	06-Oct-2018	Discussion on textual exercises	Black Board Test
	07-Oct-2018	Sunday	Sunday
	08-Oct-2018	Class Test of where the mind is without rear	Phrases
	09-Oct-2018	Discussion on the back exercise	Phrases
	10-Oct-2018	Maharaja Aggransen Jayanti	Maharaja Aggransen Jayanti
	11-Oct-2018	Discussion on Vocabury exercise	Phrases
14	12-Oct-2018	Discussion on Vocabury exercise	Phrases
	13-Oct-2018	Explanation of the poem "The Bangle Sellers"	Phrases
	14-Oct-2018	Sunday	Sunday
	15-Oct-2018	Explanation of the poem "The Bangle Sellers"	Phrases
	16-Oct-2018	Explanation of reference to the context	Phrases
	17-Oct-2018	Explanation of textual exercises	Phrases
	18-Oct-2018	Dussehra	Dussehra
15	19-Oct-2018	Discussion on the back exercise	Paragraph Writings
	20-Oct-2018	Discussion on the back exercise	Paragraph Writings

	21-Oct-2018	Sunday	Sunday
	22-Oct-2018	Explanation of the poem “ Another Women”	Paragraph Writings
	23-Oct-2018	Explanation of the poem “ Another Women”	Paragraph Writings
	24-Oct-2018	Maharishi Valmiki’s Birthday	Maharishi Valmiki’s Birthday
	25-Oct-2018	Explanation of reference to the context	Paragraph Writings
16	26-Oct-2018	Explanation to the comprehension exercise	Paragraph Writings
	27-Oct-2018	Explanation to the comprehension exercise	Paragraph Writings
	28-Oct-2018	Sunday	Sunday
	29-Oct-2018	Discussion on the back exercise	Paragraph Writings
	30-Oct-2018	Discussion on Vocalburey exercise	Paragraph Writings
	31-Oct-2018	Discussion on Vocalburey exercise	Paragraph Writings
	01-Nov-2018	Haryana Day	Haryana Day
17	02-Nov-2018	Revision	Revision
	03-Nov-2018	Revision	Revision
	04-Nov-2018	Sunday	Sunday
	05-Nov-2018	Revision	Revision
	06-Nov-2018	Diwali Vacations	
	07-Nov-2018	Diwali Vacations	
	08-Nov-2018	Diwali Vacations	
18	09-Nov-2018	Diwali Vacations	
	10-Nov-2018	Diwali Vacations	
	11-Nov-2018	Diwali Vacations	
	12-Nov-2018	Diwali Vacations	
	13-Nov-2018	Diwali Vacations	
	14-Nov-2018	Examination Start	
	15-Nov-2018		
19	16-Nov-2018		
	17-Nov-2018		
	18-Nov-2018	Sunday	
	19-Nov-2018		
	20-Nov-2018		
	21-Nov-2018		
	22-Nov-2018		
20	23-Nov-2018	Guru Nanak’s Birthday	
	24-Nov-2018		

	25-Nov-2018	Sunday	
	26-Nov-2018		
	27-Nov-2018		
	28-Nov-2018		
	29-Nov-2018		
	30-Nov-2018		

Assignment-I : Poetic Form and Devices

Assignment-II : Verb Patterns

Lesson Plan (2018-19)

Name of the Assistant/ Associate Professor: Dr. Richa Sikri

Class and Section: B.A. II , Semester III

Subject: History

Week	Date	Topics
1	13-Jul-2018	Havan
	14-Jul-2018	Political History of India (1526-1857) Introduction and discussion of subject and syllabus
	15-Jul-2018	Sunday
	16Jul-2018	Unit 1, Ch 1, Establishment of Mughal Empire Babur and Humanyu
	17-Jul-2018	First Battle of Panipat
	18Jul-2018	Other Battles of Babur
	19Jul-2018	Continuation of the topic
2	20-Jul-2018	Ch 2, Sher Shah Suri Administration
	21-Jul-2018	Continuation of the topic
	22-Jul-2018	Sunday
	23-Jul-2018	Continuation of the topic
	24-Jul-2018	Ch 3,Akbar
	25-Jul-2018	Expansion of Empire
	26-Jul-2018	Rajput Policy
3	27-Jul-2018	Continuation of the topic
	28-Jul-2018	Religious Policy
	29-Jul-2018	Sunday
	30-Jul-2018	Continuation of the topic
	31-Jul-2018	Shaheed Udham Singh's Martyrdom Day
	01-Aug-2018	Continuation of the topic

	02-Aug-2018	Short Questions
4	03-Aug-2018	Ch 4, Aurangzeb
	04-Aug-2018	Relations with Rajputs
	05-Aug-2018	Sunday
	06-Aug-2018	Continuation of the topic
	07-Aug-2018	Religious Policy
	08-Aug-2018	Continuation of the topic
	09-Aug-2018	Continuation of the topic
5	10-Aug-2018	Assignment
	11-Aug-2018	Unit II, Ch 5, Relation of Mughals and Rajputs
	12-Aug-2018	Sunday
	13-Aug-2018	Test
	14-Aug-2018	Ch 6, Deccan Policy of Mughals
	15-Aug-2018	Independence Day
	16-Aug-2018	Continuation of the topic
6	17-Aug-2018	Continuation of the topic
	18-Aug-2018	Ch7, Relation of Mughals with the Sikhs
	19-Aug-2018	Sunday
	20-Aug-2018	Continuation of the topic
	21-Aug-2018	Continuation of the topic
	22-Aug-2018	Id-ul-Zuha
	23-Aug-2018	Short Questions
7	24-Aug-2018	Ch 8, Mughal Administration- Central and Provincial
	25-Aug-2018	Continuation of the topic
	26-Aug-2018	Sunday
	27-Aug-2018	Continuation of the topic
	28-Aug-2018	Revenue System
	29-Aug-2018	Ch 9, Mansabdari System
	30-Aug-2018	Continuation of the topic
8	31-Aug-2018	Jagirdari System
	01-Sept-2018	Ch 10, Decline of Mughal Empire
	02-Sept-2018	Sunday
	03-Sept-2018	Janamashtmi
	04-Sept-2018	Continuation of the topic

	05-Sept-2018	Unit III, Ch 11 , Rivalry between French and British
	06-Sept-2018	Continuation of the topic
9	07-Sept-2018	Continuation of the topic
	08-Sept-2018	Ch 12 , Occupation of Bengal
	09-Sept-2018	Sunday
	10-Sept-2018	Battle of plassey
	11-Sept-2018	Continuation of the topic
	12-Sept-2018	Battle of Buxar
	13-Sept-2018	Battle of Mysore
10	14-Sept-2018	Continuation of the topic
	15-Sept-2018	Ch 13 , Consolidation of British Empire
	16-Sept-2018	Sunday
	17-Sept-2018	Subsidiary Alliance
	18-Sept-2018	Continuation of the topic
	19-Sept-2018	Doctrine of Lapse
	20-Sept-2018	Continuation of the topic
11	21-Sept-2018	Continuation of the topic
	22-Sept-2018	Short Questions
	23-Sept-2018	Sunday
	24-Sept-2018	presentation
	25-Sept-2018	Ch 14 , Uprising of 1857
	26-Sept-2018	Causes
	27-Sept-2018	Continuation of the topic
12	28-Sept-2018	Continuation of the topic
	29-Sept-2018	Nature
	30-Sept-2018	Sunday
	01-Oct-2018	Continuation of the topic
	02-Oct-2018	Gandhi Jayanti
	03-Oct-2018	Impact
	04-Oct-2018	Continuation of the topic
13	05-Oct-2018	Assignment
	06-Oct-2018	Unit IV, Map – 1- Political Condition of India in 1526
	07-Oct-2018	Sunday
	08-Oct-2018	Practice of Map
	09-Oct-2018	Explanation of Map

	10-Oct-2018	Maharaja Aggrasen Jayanti
	11-Oct-2018	Test
14	12-Oct-2018	2- Mughal Empire at the death of Akbar (1605)
	13-Oct-2018	Practice of Map
	14-Oct-2018	Sunday
	15-Oct-2018	Explanation of Map
	16-Oct-2018	Short Questions
	17-Oct-2018	3- Mughal Empire at the death of Aurangzeb (1707)
	18-Oct-2018	Dussehra
15	19-Oct-2018	Practice of Map
	20-Oct-2018	Explanation of Map
	21-Oct-2018	Sunday
	22-Oct-2018	4- Expansion of British Empire upto 1856
	23-Oct-2018	Practice of Map
	24-Oct-2018	Maharishi Valmiki's Birthday
	25-Oct-2018	Explanation of Map
16	26-Oct-2018	5-Major Centre's of the Uprising of 1857
	27-Oct-2018	Practice of Map
	28-Oct-2018	Sunday
	29-Oct-2018	Revision
	30-Oct-2018	Short Questions
	31-Oct-2018	Revision
	01-Nov-2018	Haryana Day
17	02-Nov-2018	Revision
	03-Nov-2018	Test
	04-Nov-2018	Sunday
	05-Nov-2018	Test
	06-Nov-2018	Diwali Vacations
	07-Nov-2018	Diwali Vacations
	08-Nov-2018	Diwali Vacations
18	09-Nov-2018	Diwali Vacations
	10-Nov-2018	Diwali Vacations
	11-Nov-2018	Diwali Vacations
	12-Nov-2018	Diwali Vacations
	13-Nov-2018	Diwali Vacations

	14-Nov-2018	
	15-Nov-2018	
19	16-Nov-2018	
	17-Nov-2018	
	18-Nov-2018	Sunday
	19-Nov-2018	
	20-Nov-2018	
	21-Nov-2018	
	22-Nov-2018	
20	23-Nov-2018	Guru Nanak's Birthday
	24-Nov-2018	
	25-Nov-2018	Sunday
	26-Nov-2018	
	27-Nov-2018	
	28-Nov-2018	
	29-Nov-2018	
	30-Nov-2018	

Lesson Plan (2018-19)

Name of the Assistant Professor: **Naveen Bhardwaj**

Class and Section: **B.A-3rd Semester**

Subject: **Political Science**

Week	Date	Topics
1	13-jul-2018	
	14-jul-2018	
	15-jul-2018	Sunday
	16-jul-2018	
	17-jul-2018	
	18-jul-2018	
	19-jul-2018	Introduction to Syllabus
2	20-jul-2018	Plato's Idea of Justice
	21-jul-2018	Plato's Idea of Justice
	22-jul-2018	Sunday

	23-jul-2018	Plato's Concept of Education
	24-jul-2018	Plato's Concept of Education
	25-jul-2018	Revision/Discussion
	26-jul-2018	Plato's concept of communism
3	27-jul-2018	Plato's concept of communism
	28-jul-2018	Revision/Discussion
	29-jul-2018	Sunday
	30-jul-2018	Plato's Idea about Ideal State
	31-jul-2018	Shaheed Udham Singh's Martyrdom Day
	01-Aug-2018	Plato's Idea about Ideal State
	02-Aug-2018	Revision/Discussion
4	03-Aug-2018	Aristotle of concept of Justice
	04-Aug-2018	Aristotle of concept of Justice
	05-Aug-2018	Sunday
	06-Aug-2018	Aristotle of concept of Constitution
	07-Aug-2018	Aristotle of concept of Constitution
	08-Aug-2018	Revision/Discussion
	09-Aug-2018	Aristotle idea about Revolution
5	10-Aug-2018	Aristotle idea about Revolution
	11-Aug-2018	Revision/Discussion
	12-Aug-2018	Sunday
	13-Aug-2018	Class Test
	14-Aug-2018	1 st Assignment
	15-Aug-2018	Independence Day
	16-Aug-2018	Hobbes's State of Nature
6	17-Aug-2018	Hobbes's State of Nature
	18-Aug-2018	Revision/Discussion
	19-Aug-2018	Sunday
	20-Aug-2018	Hobbes view about King/State
	21-Aug-2018	Hobbes view about King/State
	22-Aug-2018	Id-ul-Zuha
	23-Aug-2018	Revision/Discussion
7	24-Aug-2018	Idea of St. Augustiam
	25-Aug-2018	Idea of St. Augustiam

	26-Aug-2018	Sunday
	27-Aug-2018	Revision/Discussion
	28-Aug-2018	Machiavelli's Idea of King
	29-Aug-2018	Machiavelli's Idea of King
	30-Aug-2018	Revision/Discussion
8	31-Aug-2018	Lock's Views about Social Contract
	01-Sept-2018	Lock's Views about Social Contract
	02-Sept-2018	Sunday
	03-Sept-2018	Janamashtmi
	04-Sept-2018	Revision/Discussion
	05-Sept-2018	Lock's Views about social contract
	06-Sept-2018	Lock's Views about social contract
9	07-Sept-2018	Roussoue's General Will
	08-Sept-2018	Roussoue's General Will
	09-Sept-2018	Sunday
	10-Sept-2018	Roussoue's about Sovereignty
	11-Sept-2018	Roussoue's about Sovereignty
	12-Sept-2018	Revision/Discussion
	13-Sept-2018	2 nd Assignment
10	14-Sept-2018	Test
	15-Sept-2018	Extension Lecture
	16-Sept-2018	Sunday
	17-Sept-2018	Roussoue's concept of Rights
	18-Sept-2018	Roussoue's concept of Rights
	19-Sept-2018	Revision/Discussion
	20-Sept-2018	Lock's Concept of Civil Govt.
11	21-Sept-2018	Lock's Concept of Civil Govt.
	22-Sept-2018	Revision/Discussion
	23-Sept-2018	Sunday
	24-Sept-2018	Hobbes Concept of Sovereignty
	25-Sept-2018	Hobbes Concept of Sovereignty
	26-Sept-2018	Revision/Discussion
	27-Sept-2018	Class Test
12	28-Sept-2018	Quiz Competition Class
	29-Sept-2018	General Discussion on Topic

	30-Sept-2018	Sunday
	01-Oct-2018	Bentham concept of Utility
	02-Oct-2018	Gandhi Jayanti
	03-Oct-2018	Bentham concept of Utility
	04-Oct-2018	Bentham concept of Utility
13	05-Oct-2018	Revision/Discussion
	06-Oct-2018	Bentham view about Rights
	07-Oct-2018	Sunday
	08-Oct-2018	Revision/Discussion
	09-Oct-2018	Bentham about Sovereignty
	10-Oct-2018	Maharaja Aggrasen Jayanti
	11-Oct-2018	Bentham about Sovereignty
14	12-Oct-2018	Revision/Discussion
	13-Oct-2018	Visit to Parliament
	14-Oct-2018	Sunday
	15-Oct-2018	Bentham idea about State/Law
	16-Oct-2018	Bentham idea about State/Law
	17-Oct-2018	Revision/Discussion
	18-Oct-2018	Dussehra
15	19-Oct-2018	J.S. Mill View about Utility and Reform
	20-Oct-2018	J.S. Mill View about Utility and Reform
	21-Oct-2018	Sunday
	22-Oct-2018	J.S. Mill View about Utility and Reform
	23-Oct-2018	Revision/Discussion
	24-Oct-2018	Maharishi Valmiki's Birthday
	25-Oct-2018	Mill concept of liberty
16	26-Oct-2018	Mill concept of liberty
	27-Oct-2018	Revision/Discussion
	28-Oct-2018	Sunday
	29-Oct-2018	Class Test
	30-Oct-2018	2 nd Assignment
	31-Oct-2018	Mill Idea about Democracy
	01-Nov-2018	Haryana Day
17	02-Nov-2018	Mill Idea about Democracy
	03-Nov-2018	Mill Idea about Democracy

	04-Nov-2018	Sunday
	05-Nov-2018	Revision/Discussion
	06-Nov-2018	Diwali Vacations
	07-Nov-2018	Diwali Vacations
	08-Nov-2018	Diwali Vacations
18	09-Nov-2018	Diwali Vacations
	10-Nov-2018	Diwali Vacations
	11-Nov-2018	Diwali Vacations
	12-Nov-2018	Diwali Vacations
	13-Nov-2018	Diwali Vacations
	14-Nov-2018	Examination Start
	15-Nov-2018	
19	16-Nov-2018	
	17-Nov-2018	
	18-Nov-2018	Sunday
	19-Nov-2018	
	20-Nov-2018	
	21-Nov-2018	
	22-Nov-2018	
20	23-Nov-2018	Guru Nanak's Birthday
	24-Nov-2018	
	25-Nov-2018	Sunday
	26-Nov-2018	
	27-Nov-2018	
	28-Nov-2018	
	29-Nov-2018	
	30-Nov-2018	

MUKAND LAL NATIONAL COLLEGE, RADAUR

(Lesson Plan)

Name of Assistant Professor: Dr. Mahender Singh
Class and Section : B.A.-3rd Semester
Subject : Health & Physical Education
From July-November 2018

Week 1	
13/07/2018	<i>Hawan</i>

14/07/2018	Introduction about Syllabi
Week 1, Day 1 16/07/2018	Introduction about Syllabi
Week 1, Day 2 17/07/2018	Concept of Safety Education
Week 1, Day 3 18/07/2018	Meaning and need of Safety Education
Week 1, Day 4 19/07/2018	--to be continue--
Week 1, Day 5 20/07/2018	Importance of Safety Education
Week 1, Day 6 21/07/2018	Practical work
Week 2	
Week 2, Day 1 23/07/2018	--to be continue--
Week 2, Day 2 24/07/2018	Sports Injuries: Types and causes
Week 2, Day 3 25/07/2018	Principles for prevention of sports Injuries.
Week 2, Day 4 26/07/2018	--to be Continue---
Week 2, Day 5 27/07/2018	General treatment for common sports injuries i.e Abrasion, Contusion, Sprain , Strain,
Week 2, Day 6 28/07/2018	Practical work
Week 3	
Week 3, Day 1 30/07/2018	Recreational Activities
Week 3, Day 2 31/07/2018	<i>Shaheed Udham Singh Martyrs' day</i>
Week 3, Day 3 01/08/2018	General treatment for common sports injuries i.e Abrasion, Contusion, Sprain , Strain,
Week 3, Day 4 02/08/2018	--to be Continue---
Week 3, Day 5 03/08/2018	--to be Continue---
Week 3, Day 6 04/08/2018	Practical work
Week 4	
Week 4, Day 1 06/08/2018	Fracture and Dislocation of joints
Week 4, Day 2 07/08/2018	--to be Continue---
Week 4, Day 3 08/08/2018	--to be Continue---
Week 4, Day 4 09/08/2018	Tutorial Lecture
Week 4, Day 5 10/08/2018	Tutorial Lecture
Week 4, Day 6 11/08/2018	Practical work
Week 5	
Week 5, Day 1	<i>Teej</i>

13/08/2018	
Week 5, Day 2 14/08/2018	Unit Test
Week 5, Day 3 15/08/2018	<i>Independence Day</i>
Week 5, Day 4 16/08/2018	Concept of Common Diseases
Week 5, Day 5 17/08/2018	Meaning of Communicable diseases
Week 5, Day 6 18/08/2018	Practical work
Week 6	
Week 6, Day 1 20/08/2018	Meaning of Non – Communicable diseases
Week 6, Day 2 21/08/2018	Modes of transmission of communicable diseases.
Week 6, Day 3 22/08/2018	<i>Id</i>
Week 6, Day 4 23/08/2018	Prevention and control of communicable diseases.
Week 6, Day 5 24/08/2018	Common diseases: HIV/ AIDS
Week 6, Day 6 25/08/2018	Practical work
Week 7	
Week 7, Day 1 27/08/2018	Common diseases: Hepatitis
Week 7, Day 2 28/08/2018	Common diseases: Dengue
Week 7, Day 3 29/08/2018	Celebrate National Sports Day
Week 7, Day 4 30/08/2018	Common diseases: Typhoid
Week 7, Day 5 31/08/2018	Common diseases: Malaria
Week 7, Day 6 01/09/2018	Practical work
Week 8	
Week 8, Day 1 03/09/2018	<i>Janamashtmi</i>
Week 8, Day 2 04/09/2018	Common diseases: Influenza.
Week 8, Day 3 05/09/2018	<i>Talent Show (Tentative)</i>
Week 8, Day 4 06/09/2018	Allergy related diseases: Asthma
Week 8, Day 5 07/09/2018	Allergy related diseases: Sinuses
Week 8, Day 6 08/09/2018	Practical work
Week 9	
Week 9, Day 1 10/09/2018	Tutorial Lecture
Week 9, Day 2 11/09/2018	Tutorial Lecture
Week 9, Day 3 12/09/2018	Unit Test

Week 9, Day 4 13/09/2018	Group Discussion on covered syllabus
Week 9, Day 5 14/09/2018	Recreational activities
Week 9, Day 6 15/09/2018	Practical work
Week 10	
Week 10, Day 1 17/09/2018	Concept of Balanced Diet
Week 10, Day 2 18/09/2018	Balanced Diet: Meaning and importance
Week 10, Day 3 19/09/2018	--to be continue--
Week 10, Day 4 20/09/2018	Components of balanced diet and their sources
Week 10, Day 5 21/09/2018	--to be continue--
Week 10, Day 6 22/09/2018	Practical work
Week 11	
Week 11, Day 1 24/09/2018	Components of balanced diet and their sources
Week 11, Day 2 25/09/2018	Factors affecting balanced diet
Week 11, Day 3 26/09/2018	Harmful effects of Junk Food
Week 11, Day 4 27/09/2018	--to be continue--
Week 11, Day 5 28/09/2018	Sessionals (Tentative)
Week 11, Day 6 29/09/2018	Sessionals (Tentative)
Week 12	
Week 12, Day 1 01/10/2018	Sessionals (Tentative)
Week 12, Day 2 02/10/2018	<i>Gandhi Jayanti</i>
Week 12, Day 3 03/10/2018	Sessionals (Tentative)
Week 12, Day 4 04/10/2018	Sessionals (Tentative)
Week 12, Day 5 05/10/2018	Recreational Activities
Week 12, Day 6 06/10/2018	Practical work
Week 13	
Week 13, Day 1 08/10/2018	Tutorial Lecture
Week 13, Day 2 09/10/2018	Tutorial Lecture
Week 13, Day 3 10/10/2018	<i>Aggarsen Jayanti</i>
Week 13, Day 4 11/10/2018	Unit Test
Week 13, Day 5 12/10/2018	Debate competition on covered syllabus
Week 13, Day 6	Practical work

13/10/2018	
Week 14	
Week 14, Day 1 15/10/2018	Anatomy and Physiology of Circulatory System
Week 14, Day 2 16/10/2018	Structure of Heart
Week 14, Day 3 17/10/2018	--to be continue---
Week 4, Day 4 18/10/2018	<i>Dussehra</i>
Week 14, Day 5 19/10/2018	Functioning of Heart
Week 14, Day 6 20/10/2018	Practical work
Week 15	
Week 15, Day 1 22/10/2018	Types of Circulation: Systemic and Pulmonary
Week 15, Day 2 23/10/2018	--to be continue---
Week 15, Day 3 24/10/2018	<i>Valmiki Jayanti</i>
Week 15, Day 4 25/10/2018	Debate competition among students
Week 15, Day 5 26/10/2018	Practical work
Week 15, Day 6 27/10/2018	<i>KarvaChauth</i>
Week 16	
Week 16, Day 1 29/10/2018	Effects of exercise on Circulatory System
Week 16, Day 2 30/10/2018	--to be continue---
Week 16, Day 3 31/10/2018	--to be continue---
Week 16, Day 4 01/11/2018	<i>Haryana Day</i>
Week 16, Day 5 02/11/2018	Tutorial Lecture
Week 16, Day 6 03/11/2018	Unit Test
Week 17 04-11/11/2018	Diwali Break
Week 18 12-15/11/2018	Preparatory Holidays